HOW TO USE THESE CHARTS

Stockpile Estimates Includes two charts for you. The first calculation of **"Total Diapers Needed,"** is the total number of diapers needed calculated from my daughter's weight (based on pediatric visits with a birth weight of just over 9lbs), the average time she was in them and approximate diapers used per day. The **"Average Stockpile Recommendations from 6 Sources"** (yellow) is an average in each size used, from 6 different recommend stockpile sources. This is a great chart to use if you would like to purchase diapers based on average recommendations.

Calculate Stockpile Estimates for your Baby was created for you to make your own calculations chart. This chart may be helpful if:

- You have had a previous child and know their weight (on Pediatric take home sheets) and about how long how they were in that size
- You anticipate daily diaper uses to be more or less
- You found another source and would like to record recommended diapers needed

STOCKPILE ESTIMATES

	EXAMPLE	SIZE N	SIZE 1	SIZE 2	SIZE 3	SIZE 4	SIZE 5	SIZE 6
WEIGHT (LBS)	-	< 10	8-14	12 - 18	16-28	22-37	>27	>35
APPROX. DIAPERS PER DAY	-	10	8	8	6	6	5	5
MONTHS IN DIAPERS	-	2 Weeks	2 Months	3 Months	7 Months	9 Months		
TOTAL DAYS IN DIAPERS	-	14	60	90	210	270		
TOTAL DIAPERS NEEDED = USED PER DAY X NUMBER OF DAYS	-	**140**	**480**	**720**	**1260**	**1620**		
AVERAGE STOCKPILE RECOMMENDATIONS FROM 6 SOURCES		**220**	**657**	**712**	**1215**	**1035**		

CALCULATE STOCKPILE ESTIMATES FOR YOUR BABY

	EXAMPLE	SIZE N	SIZE 1	SIZE 2	SIZE 3	SIZE 4	SIZE 5	SIZE 6
WEIGHT (LBS)	*8*	< 10	8-14	12 - 18	16-28	22-37	>27	>35
APPROX. DIAPERS PER DAY	*10*							
TOTAL DAYS IN DIAPERS	*20*							
TOTAL DIAPERS NEEDED = USED PER DAY X NUMBER OF DAYS	*=10 X 20*							

© 2017 *Good Life of a Housewife*, All Rights Reserved.

NUMBER OF DIAPERS PURCHASED								
	Example	Size N	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6
TOTAL DIAPERS NEEDED	200							
DIAPERS PURCHASED	- 50							
TOTAL DIAPERS STILL NEEDED	= 150							
NOTES:	- 38							
	= 112							
	-38							
	-38							
	=36							
	-38							
	= 0							
Good Life of a Housewife								

© 2017 Good Life of a Housewife, All Rights Reserved.

DIAPER PURCHASE LOG

SIZE	NUMBER OF DIAPERS	BRAND	FROM	NOTES

© 2017 Good Life of a Housewife, All Rights Reserved.

DIAPERS USED				
SIZE	NUMBER OF DIAPERS	BRAND	FROM	NOTES

© 2017 *Good Life of a Housewife*, All Rights Reserved.