

Household Items Stockpile Checklist

PREPARING FOR BABY...




- Toilet Paper
- Paper Towel
- Paper Plates
- Plastic Baggies
- Laundry Detergent
- Dishwasher Soap
- Hand Soap
- Pet Food
- Kitty Litter
- Tooth Paste
- Shampoo & Conditioner
- Bar Soap
- Razors and Razor Blades
- Contact Solution
- Cleaning Supplies
- Antibacterial Wipes
- Lactation Supplies
- Batteries
- Freezer Foods
- Children's Medicine
- Diapers
- Water Bottles
-
-
-
-
-
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NOTES:

Building a Diaper Stockpile

GETTING STARTED...



Use this information to create your own stockpile numbers. Or keep it simple and use the average of stockpile recommendations from six sources.

AVERAGE STOCKPILE RECOMMENDATIONS

This is an average in each diaper size, compiled from 6 different recommend stockpile sources. This is a great chart to use if you would like to purchase diapers based on average recommendations.

THE DIAPERS I STOCKPILED FOR BABY #2

The diapers I stockpiled for baby number two is based off of Libby's growth. I found this number by taking my daughter's weight (based on pediatric visits with a birth weight of just over 9lbs), the average time she was in them and approximate diapers used per day.

CALCULATE YOUR OWN STOCKPILE ESTIMATES

This chart is for you to calculate your own diaper estimates. This chart may be helpful if:


You have had a previous child and know their weight (on Pediatric take home sheets) and about how long how they were in that size.

You anticipate daily diaper uses to be more or less.

You found another resource you would like to reference for your stockpile.

Building a Diaper Stockpile

KEEPING TRACK...



Calculate your own stockpile estimates or use the average recommendations.

Plug in your numbers at the top of chart called "Number of Diapers Purchased." As you acquire diapers, subtract them from the running total to help avoid an excess or shortage in a particular size.

TIPS & THINGS TO KNOW ABOUT STOCKPILING...



- Babies quickly outgrow newborn sizes
- Start stockpiling with sizes 1, 2, & 3
- **Try different brands of diapers, you never know what you will like or if your baby will have a sensitivity.** (Personally, I prefer Pampers and Huggies for smaller sizes, but found when I got to bigger sizes it made less of a difference.)
- On average size 2, size 3 and size 4 are what you will need the most of. More specifically you will probably go through more size 3 & size 4.
- Save sizes 5, 6 & Pull-ups for later. Your child may be potty trained before needing these sizes.
- Adjust your supply as needed. You can start with a small supply and adjust as needed. Don't pressure yourself to go out and buy 1000 diapers right away. You can accumulate size 3 & 4 while your baby is still in size 1 and 2.
- Some stores will let you exchange sizes/types with a receipt (you can always ask customer services about this). (*Note you can tape receipts to the box or bag, but if you purchase multiple kinds and sizes, this could be difficult. **You can also ask for gift receipts to tape to each pack of diapers.**)
- For More tips on how to accumulate Diapers check out

Building a Diaper Stockpile

HOW MANY DIAPERS...



AVERAGE STOCKPILE RECOMMENDATIONS FROM 6 SOURCES							
	Size N	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6
AVERAGE STOCKPILE RECOMMENDATIONS FROM 6 SOURCES	220	657	712	1215	1035	-	-

THE DIAPERS I STOCKPILED FOR BABY #2							
	Size N	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6
WEIGHT (LBS)	< 10	8-14	12 - 18	16-28	22-37	>27	>35
APPROX. DIAPERS PER DAY	10	8	8	6	6	5	5
MONTHS IN DIAPERS	2 Weeks	2 Months	3 Months	7 Months	9 Months		
TOTAL DAYS IN DIAPERS	14	60	90	210	270		
TOTAL DIAPERS NEEDED = DIAPERS PER DAY X TOTAL NUMBER OF DAYS IN DIAPERS	140	480	720	1260	1620		

USE THE AVERAGES OR CALCULATE YOUR OWN STOCKPILE ESTIMATES								
	Example	Size N	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6
WEIGHT (LBS)	8	< 10	8-14	12 - 18	16-28	22-37	>27	>35
APPROX. DIAPERS PER DAY	10							
TOTAL DAYS IN DIAPERS	20							
TOTAL DIAPERS NEEDED = USED PER DAY X NUMBER OF DAYS	10 X 20 = 200							

NUMBER OF DIAPERS PURCHASED

	Example	Size N	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6
Total Diapers Needed	200							
<i>Diapers Purchased</i>	- 50							
<i>Still Needed</i>	= 150							
	- 38							
	= 112							
	-38							
	-38							
	=36							
	-38							
	= 0							

NUMBER OF DIAPERS PURCHASED

CONTINUED...

Example Size N Size 1 Size 2 Size 3 Size 4 Size 5 Size 6

Picking a Name

FINDING A FAVORITE...



FIRST NAMES

MIDDLE NAMES

TOP FIVE COMBINATIONS

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-
-
-
-

BABY'S NAME:

Picking a Name

DOODLES & NOTES...

